



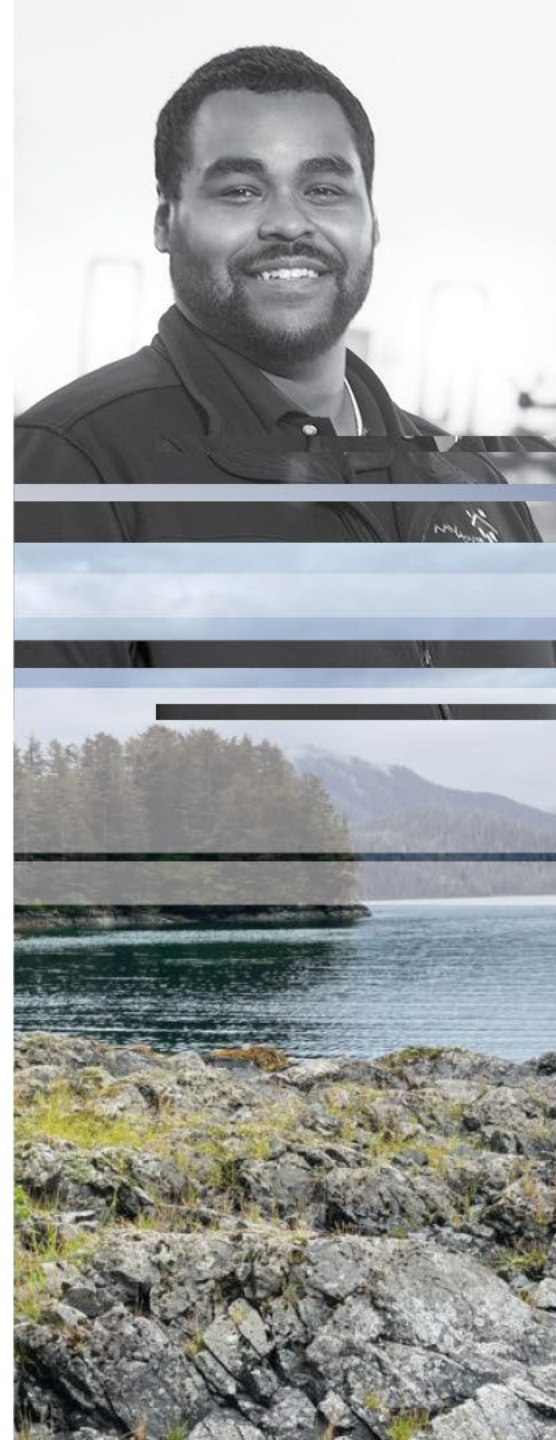
# Housing Focus Area, April 2024

Trust  
Alaska Mental Health  
Trust Authority



# Our Mission

It is the duty of the Alaska Mental Health Trust Authority to provide leadership in the advocacy, planning, implementing and funding of services and programs for Trust beneficiaries.





# Trust Beneficiaries

Are Alaskans who experience:

- Mental illnesses
- Developmental disabilities
- Alzheimer's disease and related dementias
- Traumatic brain injuries
- Substance abuse disorders

The Trust also works in prevention and early intervention services for individuals at risk of becoming beneficiaries.

# Established Focus Areas

- Disability Justice
- Mental Health and Addiction Interventions
  - Behavioral Health Crisis Response
- Beneficiary Employment & Engagement
- Housing & Home and Community Based Services

## **Additional Priorities**

- Workforce Development
- Early Childhood Prevention and Intervention





# Work of the Trust

- Grant making
- Advocacy/Public Policy
  - Medicaid
  - Community Based Services
  - Behavioral Health Crisis Response
  - GF/MH
- Planning
- Education/De-Stigmatization

# Grants

Trustees authorize more than \$25 million in grants each year. Grants are awarded to:

- Providers
- Nonprofits
- Tribal organizations
- State departments
- Local governments
- Individuals (*mini grants*)



# Trust Land Office



The Trust Land Office (TLO) sits in the Department of Natural Resources and manages the Trust's one million acres of land and other non-cash assets to generate revenue to help support our work and grant-making on behalf of Trust beneficiaries.

## Trust Land Assets:

- Received lands with revenue-generating potential
- Southeast, Southcentral, and Interior parcels
- Trust Lands activity earned \$16M in FY 2023
- Lands managed solely in the interest of the Trust and its beneficiaries
- Managed by asset class: lands, minerals and materials, energy, forestry, and real estate





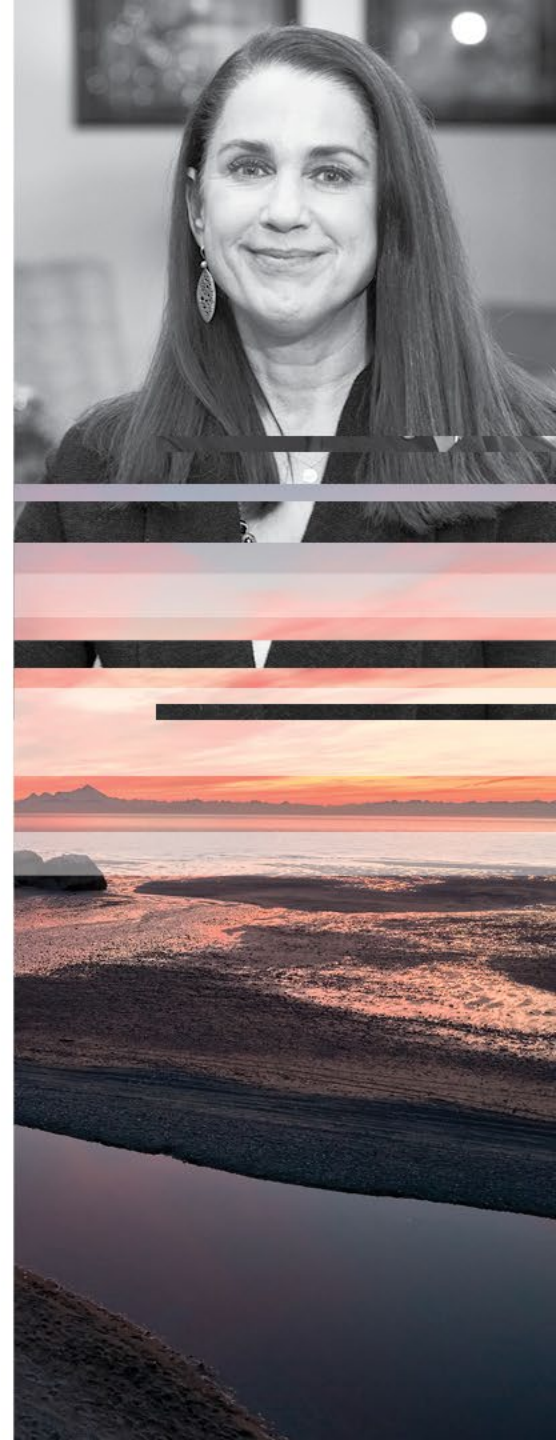
# Housing Focus Area

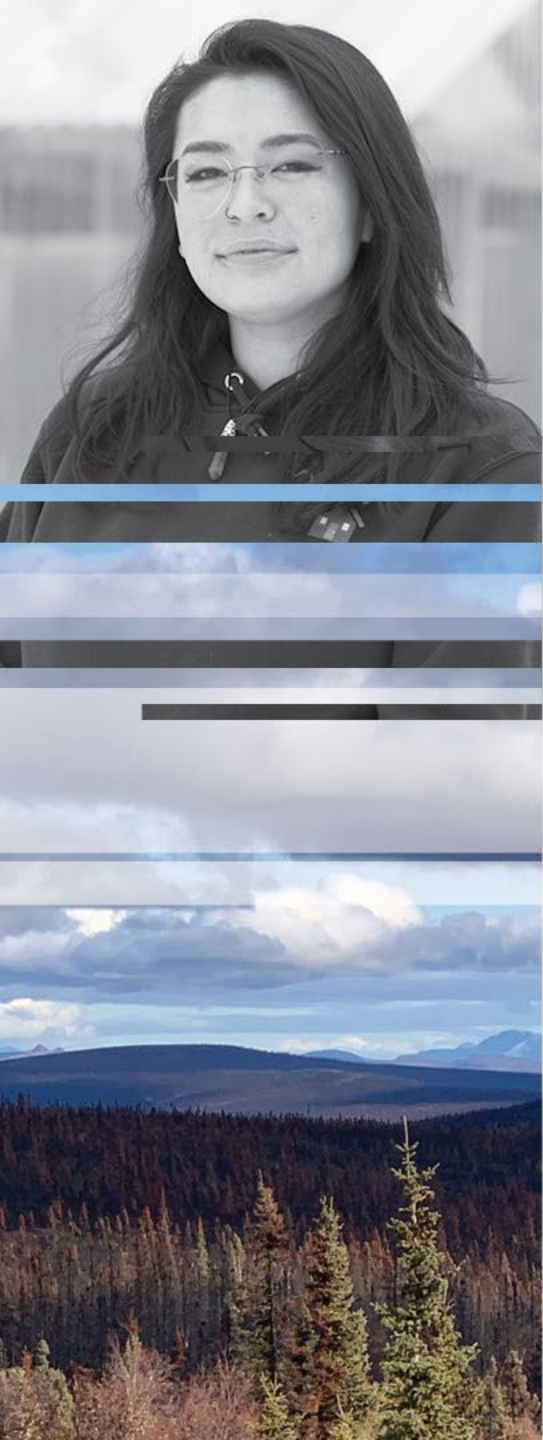
- Been a formal Trust Focus Area since 2006
- Housing investments have been a part of the Trust since the beginning
- 1999-2024 - 20% of Trust investments have been housing-related, with over 380 grants issued
- Over \$70 million dollars invested in this time period



# Importance of Stable Housing

- Social Determinant of Health
- Basic need
- Building block for wellness and health
- Critical for people with chronic conditions like Trust beneficiaries
- Necessary for full engagement in recovery, rehabilitation, and engagement in services





# Housing First and Permanent Supportive Housing

- The first Trust investments are still going strong – Karluk Manor and TCC
- Evaluation of those programs show reduced usage of emergency services
- Forget Me Not Manor, a newer project, showed similar results after one year (Brocius, UAA SSW, 2019)
  - ER visits reduced by 45%
  - Contacts with police reduced by 66%
  - Sleep off center visits reduced by 99%

# Cost Comparison

- Permanent Supportive Housing
  - \$80-\$100/day (\$29,200-\$36,500/year)
- Status Quo
  - \$129-\$150/day (\$47,085-\$54,750/year - likely more)
- Corrections
  - \$202/day - basic (\$73,730/year)
- ER Visit/Psychiatric ER Visit
  - \$2000-4000 per visit
  - \$104,000-\$208,000/year if used once a week





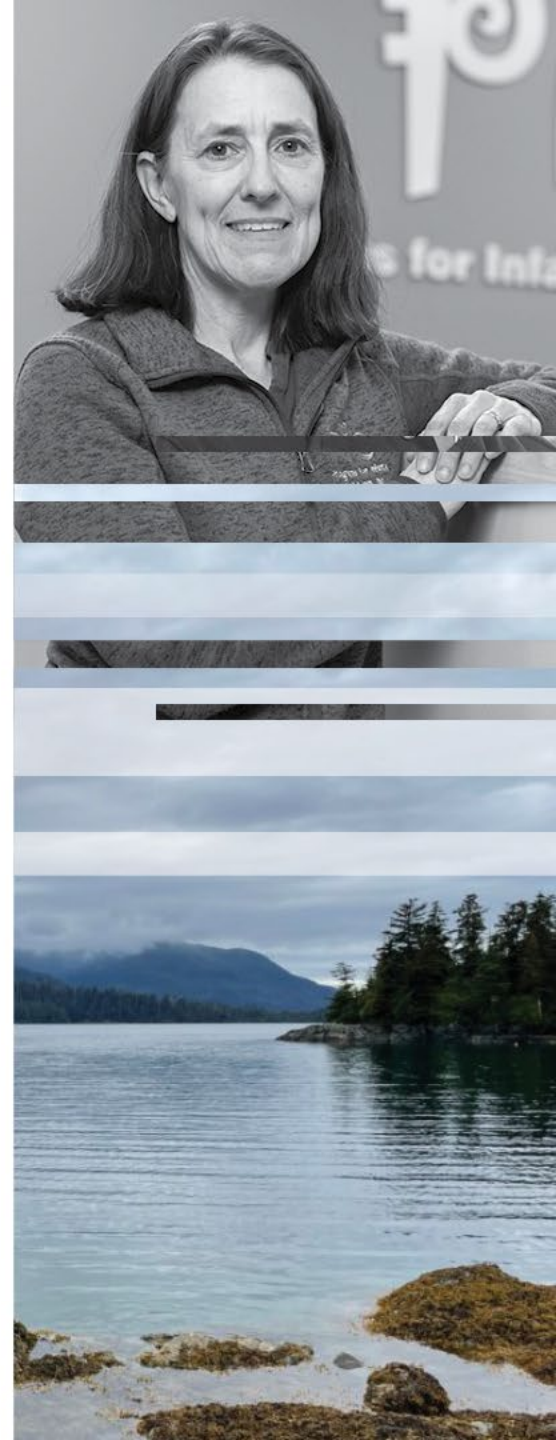
# Housing First Impacts Workforce

- The same study from Forget Me Not Manor (Brocius, UAA SSW, 2019) illustrated the impact this housing first project had on local workforce.
- For the 25 people studied:
  - 45% fewer ER visits meant 230 fewer visits; 4.5 per week
  - 66% fewer police contacts equals 695 fewer contacts; almost 2 fewer per day
  - Fire and rescue services decreased transports by 54%; 2.3 fewer transports per week



# Current Housing Investments

- Permanent Supportive Housing
- Homelessness Prevention
- Evaluation
- System support and planning
- Recovery housing
- Re-entry housing



# Thank you!

For more information:

**[alaskamentalhealthtrust.org](http://alaskamentalhealthtrust.org)**

